



Prepared Childbirth Classes

January - December 2010

Please register online at www.mccg.org/hrc/classregistration.asp
 Phone: 478-633-2229, Toll-free: 1-866-444-5622



Prepared Childbirth Classes

For first time expectant mothers, their coaches, spouse or others. **Fee \$50** (scholarships available)
Monday Nights
 Classes are held 7-9p.m.

Jan 11, 18, 25	July 12, 19, 26
Feb 8, 15, 22	Aug 9, 16, 23
Mar 8, 15, 22	Sep 13, 20, 27
Apr 12, 19, 26	Oct 11, 18, 25
May 10, 17, 24	Nov 8, 15, 22
Jun 14, 21, 28	Dec 6, 13, 20

Saturday

Classes are held 9a-5p

Jan 9	Jul 10
Feb 6	Aug 7
Mar 6	Sep 11
Apr 10	Oct 9
May 8	Nov 6
Jun 5	Dec 4

Prepared Childbirth – Refresher

Classes are held 7-9p.m. Monday **FREE**

Feb 1	Aug 2
May 3	Nov 1

Baby Care Basics Classes

Classes are held 7-9p.m. Thursday **FREE**

Jan 7	Jul 8
Mar 4	Sep 2
May 6	Nov 4

Car Seat Safety Classes

Classes are held 10a-12p Saturday **FREE**

Jan 16	Jul 31
Apr 17	Oct 16

Infant CPR Classes

You must be enrolled, attend and paid for the PCB class in order to be able to register for this class.
 Classes are held 6:30-8:30p.m.
Wednesday FREE

Jan 13	Jul 14
Feb 10	Aug 11
Mar 10	Sep 8
Apr 14	Oct 13
May 12	Nov 10
Jun 9	Dec 8

Breastfeeding Classes

Classes are held 7-9p.m. Tuesday **FREE**

Jan 5	Jul 6
Mar 2	Sep 7
May 4	Nov 2

Breastfeeding Classes

Classes are held 10a-12p Saturday **FREE**

Feb 27	Aug 28
Apr 24	Oct 23
Jun 26	Dec 18

Siblings Classes

Classes are held 10-11:30a.m. Saturday **FREE**

Jan 23	Jul 24
Mar 27	Sep 25
May 22	Nov 20

